



Dental Sleep Solutions for the Undiagnosed & CPAP Intolerant Sleep Apnea Sufferers



110 N Sunrise Avenue * Roseville, CA
(916) 772-9900

Continental Breakfast & Lunch Served



Mark Abramson, DDS

Mark Abramson DDS, ABDSM, Diplomat of the AAOP, APM, AADSM, Executive Board Member of AAPMD and a Fellow AACF. He has a private practice in Redwood City & Sleep Practice in a Cardiology office in Monterey, California. Dr. Abramson is on faculty with Stanford University and developed the FDA cleared OASYS Oral/Nasal Airway Systems



Jim DuHamel, DDS

Jim Duhamel DDS, Diplomat AADSM, Fellow ICCMO, ACSDD is a dentist from Valley Springs, California and specializes in TMJ and Sleep. Deepak Shrivastava, MD, Sleep Specialist, sees patients in his office regularly. Dr. DuHamel is a Diplomat with the AADSM and the ACSDD. He also has a practice limited to Dental Sleep Medicine in Modesto and Lodi, California.



Jim Addiego

Jim Addiego—Manager of Dream Systems Dental Sleep Laboratory in Roseville, California. Jim has been in the laboratory field for 35 years and involved in Dental Sleep Medicine for 19 years, supporting Dental Sleep Education through the AADSM, AACSD, AAPMD, UOP, UCSF, SDDS, Jim provides personalized support to Dentists, Physicians, Sleep Labs and Patients.

Preliminary Course Schedule

(Subject to Change)

- 7:30-8:00 Registration & Continental Breakfast**
- 8:00-8:30 Welcome & Introduction;** Dr. Abramson & Dr. DuHamel will share their backgrounds and involvement In Treating Sleep Disorders.
- 8:30-12:15 Medical Insurance Workshop**
Jim DuHamel, DDS, Kathy Moore, MBA
Sleep 101 for the Office Team, Working with Medical Insurance in the Dental Office, Records, Documentation, Different Insurance Requirements, Medicare, GAP, Pre-Authorization, Working with a Medical Billing Co.
- Clinical Dental Sleep Medicine Workshop**
Mark Abramson, DDS & Jim DuHamel, DDS,
- 8:30-10:00 Mark Abramson, DDS—Sleep Overview, Relationship Sleep Apnea, TMJ, Bruxism, Airway Evaluation**
- 10:00-10:15 Break**
- 10:15-11:15 Jim DuHamel, DDS—Protocol for Addressing Various Patient Types—**Snorer, Sleep Apnea Patient Non-Compliant with CPAP, In-Office Screened Patient Suspected of Sleep Apnea, Medical Referral, Patient Screening, Overview Airway Exam
- 11:15-12:15 Mark Abramson, DDS—Overview of Appliances**
- 12:15-1:00 Group Lunch**
- 1:00-2:30 Breakout Group Jim DuHamel, DDS—**Screening, Medical History, 10 Minute Airway Exam, Informed Consent, Key Information from the Sleep Study
- 1:00-2:30 Breakout Group Mark Abramson, DDS—**Hands-On Look at Appliances, Demonstrations, Impressions, PVS, Digital, Construction Bites, Lab Insights, Appliance Adjustments, Troubleshooting, Sleep Study Titration Morning Repositioning, Oral Exercises—Delivery of Doctor Appliances, if Ordered
- 2:30-2:45 Break**
- 2:45-4:15 Breakout Group Jim DuHamel, DDS—**Screening, Medical History, 10 Minute Airway Exam, Informed Consent, Key Information from the Sleep Study
- 2:45-4:15 Breakout Group Mark Abramson, DDS—**Hands-On Look at Appliances, Demonstrations, Impressions, Digital Scans Construction Bites, Lab Insights, Appliance Adjustments, Troubleshooting, Sleep Study Titration, Morning Repositioning, Oral Exercises—Delivery of Doctor Appliances, if Ordered
- 4:15 – 4:30 Question & Answers**
- 4:30 Conclusion**



SLEEP



Course Coordinator - Jim Addiego
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(916) 865-4528

www.dreamsystemsdentallab.com